



All Bodies Strong is the first fat-owned and operated gym in the Pacific Northwest, and is designed first and foremost to be size-inclusive for all bodies.

We promote size inclusivity in our space with our equipment, gym layout, accessible training programs, and our knowledgeable and informed staff to support you.

**We offer the following services:**

Open Gym Memberships

Small Group Class (Powerlifting, Boxing) Memberships

1:1 Personal Training



**Find us on:**

Instagram @AllBodiesStrong

Facebook @AllBodiesStrong

Email [info@allbodiesstrong.com](mailto:info@allbodiesstrong.com)

Website [www.allbodiesstrong.com](http://www.allbodiesstrong.com)